

The Real One

FREE GUIDE

The *Date Bank.*

18 date types that work in any city, sorted by budget and vibe.
Each one comes with how to find it near you and why it works.

*“We’re not selling one night.
We’re selling a relationship.”*

The Real One · 18+

BEFORE YOU PLAN ANYTHING

Stop asking *“what do you wanna do?”*

You've been talking for a few days. She's keen. Now's the moment most guys fumble: they hand her the planning, or they overdo it with a five-course dinner on date one. The guy who stands out comes with a simple, thoughtful plan, at the right pace for where you're actually at.

These are **date types**, not one city's list. Each one has **search terms** to find it wherever you live, and a one-line **why it works** tied to the principles in the playbook:

01

State

Where you're coming from matters more than what you say.

02

Reading her

Real attention, not 'types'. Notice how she communicates and invests.

03

Pacing

Match the stage you're actually at. Don't overcommit one day in.

04

Showing intent

Be clear, be relaxed. No faking busy.

05

Leading

Come with a plan. Don't ask 'what do you wanna do?'

Don't overcommit one day in
Do pick a date that fits the stage

Don't fake busy to seem cool
Do lock in a time and show up

Don't spend to impress
Do put thought in, she'll notice

Free & Under A\$20

Low cost, high effort. Great for a first or second date.

01

Sunset lookout

Free

Chill · Romantic

Find the highest public lookout near you and time it for golden hour. Bring something warm to drink.

Find one near you: sunset lookout near me · best city views [your city] · summit lookout

Why it works. Leading: you picked the spot and the timing. Side-by-side views take the pressure off eye contact.

02

Beach or waterfront sunset + takeaway

~A\$15-25

Chill · Romantic

Fish and chips (or her favourite takeaway) on the grass or sand while the sun goes down.

Find one near you: best sunset beach [your city] · waterfront picnic spot · foreshore park

Why it works. Reading her: it's relaxed enough that you can actually listen and notice what lights her up.

03

Botanic garden picnic

~A\$15 DIY

Romantic · Chill

Pack a simple picnic with one thing she mentioned she loves. That detail does the work.

Find one near you: botanic gardens [your city] · best picnic park near me

Why it works. Showing intent: remembering a small detail shows real attention without going over the top.

CONTINUED

Free & Under A\$20

Low cost, high effort. Great for a first or second date.

04

Summit or bush walk

Free

Active · Adventure

A walk with a payoff at the top. Pick one you can talk on, not a fitness test.

Find one near you: short hike with views near me · summit walk [your city] · AllTrails

Why it works. State: movement settles nerves. You show up as the calm, energised version of you.

05

Free gallery (go late if you can)

Free

Creative · Chill

Wander the galleries, then grab a coffee nearby and talk about what you both stopped at.

Find one near you: free art gallery [your city] · gallery late night · museum after dark

Why it works. Reading her: what she stops at tells you more than twenty questions. Ask her why.

06

Ferry or train somewhere new

~A\$5-20

Playful · Adventure

Ride public transport to a suburb or beach neither of you knows well, then explore on foot.

Find one near you: ferry ride [your city] · day trip by train from [your city] · scenic public transport

Why it works. Leading: a mini adventure with a clear plan feels intentional, even on a budget.

Mid-Range · A\$20–60

For when it's going well and you want to raise the effort.

07

Markets morning

~A\$20–40

Playful · Social

Breakfast at the stalls, a slow lap, and let her pick one thing to try.

Find one near you: weekend markets near me · farmers market [your city] · produce market

Why it works. Leading: you set the plan, she chooses along the way. Leading and listening at once.

08

Night market or food-truck evening

~A\$25–50

Social · Lively

Share a few small dishes from different stalls. Music and crowds keep the energy up.

Find one near you: night market [your city] · food truck night near me · hawker market

Why it works. Showing intent: a planned evening says 'I wanted to see you' without making it heavy.

09

Mini golf or playful bar

~A\$20–35

Playful · Competitive

Themed mini golf, bowling or arcade. A bit of friendly trash talk goes a long way.

Find one near you: mini golf bar near me · bowling arcade [your city] · putt putt date

Why it works. State: play beats performing. Let her win a hole. Not all of them.

CONTINUED

Mid-Range · A\$20–60

For when it's going well and you want to raise the effort.

10

Indie or outdoor cinema

~A\$20–30

Chill · Classic

An independent cinema or a summer outdoor screen. Book somewhere nearby for after.

Find one near you: independent cinema [your city] · outdoor cinema summer · moonlight cinema

Why it works. Pacing: easy for an early date. Plan the talk after the film, not during it.

11

Stargazing or observatory

~A\$30–60

Romantic · Unique

A guided telescope tour or a drive out of the city lights with a blanket. Check the weather first.

Find one near you: observatory tour near me · stargazing [your city] · dark sky spot

Why it works. Showing intent: planning something this specific says 'I'm serious about you' with no speech needed.

12

Wildlife park or aquarium

~A\$30–45

Playful · Daytime

See the animals up close, walk an underwater tunnel. React together.

Find one near you: wildlife park near me · aquarium [your city] · koala sanctuary

Why it works. State: it's hard to stay stiff when you're both reacting to the same thing. Shared joy connects fast.

CONTINUED

Mid-Range · A\$20–60

For when it's going well and you want to raise the effort.

13

Chocolate, cheese or food-maker tasting

Free–A\$30

Sweet · Daytime

A factory tour or tasting room with a drive or walk built in.

Find one near you: chocolate factory tour near me · free tasting [your city] · food producer tour

Why it works. Leading: 'come for a drive with me' is a confident, easygoing plan.

14

Do-something class together

~A\$30–60

Creative · Playful

Pottery, cooking, climbing taster, salsa. Being beginners together is the point.

Find one near you: pottery class for two [your city] · beginner cooking class · climbing gym intro

Why it works. Reading her: you see how she handles something new, and she sees you laugh at yourself.

15

Arcade, bowling or escape room

~A\$20–40

Playful · Competitive

Something with a bit of teamwork or rivalry in it.

Find one near you: escape room for two [your city] · bowling alley near me · retro arcade

Why it works. Reading her: teamwork shows you how she thinks, and how you two work together.

Big Days & No-Budget (once it's real)

Save these for when you're building something together.

16

Island or coastal day trip

Big day

Adventure · Iconic

Ferry or drive somewhere for the whole day: swim, ride, eat, get a bit lost.

Find one near you: day trip from [your city] · island ferry day trip · coastal town drive

Why it works. Making it official: a full day together shows whether you work in real life, not just over text.

17

Long walk + gelato

~A\$10

Chill · Real

A foreshore, river or harbour walk at dusk with a gelato stop. Simple, but it's where the real conversations happen.

Find one near you: river walk [your city] · harbour foreshore walk · best gelato near me

Why it works. Pacing: low stakes, high connection. Perfect for midweek.

18

Dinner at your place

~A\$0-15

Real · Journey

Cook a cheap meal together. Show her what you're building and ask about her goals.

Find one near you: easy date night recipes · cheap recipes for two

Why it works. The girl for the journey: if she loves this date, she's a girl who wants something real, like you do.

The Real One

WHAT'S NEXT

The date is the easy part.

Don't fumble what comes after.

The Real One is a principles-first playbook for ambitious guys aged 18–25 who want something real. It covers State, Reading Her, Pacing, Showing Intent, Leading, Making It Official and Keeping Her. There are no lines and no games.

The playbook · therealone.com.au

*Find the girl who wants something real too,
and build it together.*

Educational content · No outcomes guaranteed · 18+ only